

PROMPT & GUIDELINES:

CALL FOR SUBMISSIONS

"A Letter to the Person Who Changed My Life" – A Multi-Generational Collection

We're creating a book filled with powerful, heartfelt letters from people of all ages and backgrounds. Each letter will be written to someone—living or not—who changed the writer's life. This might be a teacher, friend, family member, mentor, stranger, a version of yourself, or even someone you only met once.

This is your chance to share a story of change, impact, and human connection. Your letter may be emotional, funny, profound, surprising—or all of the above. Make sure your letters tell a meaningful, personal story that captures the essence of how this person changed your life!

PROMPTS (Choose One or Be Inspired by Them!)

- Who is the person that changed your life, and how?
- Was there a specific moment or memory that shaped everything?
- What do you wish you could say to them now?
- What would your life look like if you'd never met them?
- Have you ever thanked them? What would that thank-you sound like in a letter?
- Did the person know the impact they had on you?
- How did their actions, advice, or presence guide your path?

GUIDELINES

- **Letter Format:** Please write your submission as a letter (e.g., "Dear __," and signed "Sincerely, __" or however feels natural to you).

While addressing the person, please avoid using their name. Instead, you can use one of the following options or something similar:

- "Dear [The person who changed my life],"
- "Dear Brother, Dear Sister, Dear Mother, Dear Father, Dear Friend, etc.."
- "Dear [Role or Relationship]" (e.g., "Dear Teacher," "Dear Mentor")
- "Dear [Descriptive Phrase]" (e.g., "Dear The One Who Listened," "Dear Someone Who Cared,"
- "Dear [The One Who Believed in Me],"

Choose whatever feels most comfortable for you while still reflecting the significance of this person in your life.

- **Length:** Around 300–1,000 words or around 1-3 pages (Slightly shorter or longer is okay!)
- **Tone:** Honest, personal, and from the heart. Humor, warmth, and even bittersweet moments are welcome.
- **Tell a Story:** Ensure that your letter tells a compelling and meaningful story about the person who changed your life, including the specific moment or memory that shaped everything.
- **Eligibility:** Anyone of any age, location, or background can submit.

PERSONAL CONTEXT (Optional but Encouraged)

To help readers better understand your story, we'd love if you included any personal information you feel comfortable sharing in your letter—such as:

- Your age at the time of the experience (and/or now)
- Where you're from
- Cultural background, family situation, identity, or other details that give context. This helps highlight the beauty of life experiences across generations and communities.

HOW TO SUBMIT

Option 1: Digital Submission

Email your typed letter (and optional image/bio) to:

alettertotheperson@gmail.com

Subject Line: *"Submission – A Letter to the Person Who Changed My Life"*

Option 2: Handwritten Letter Submission

We also welcome handwritten letters!

If your letter is selected, we may include your actual handwriting in the book to preserve its personal, intimate feel.

Guidelines for handwritten letters:

- Please write clearly in **legible handwriting**
- Keep your letter to **1–3 pages max**
- Use **unlined white paper** or **lined notebook paper** (neat edges appreciated)
- Include your name and contact info on a **separate page** (not on the letter itself)
- Do not fold your letter tightly—try to mail it in a flat envelope or gently folded

Mail to:

PO Box 880703
San Diego, CA 92168

Important Note about Forms Section:

- **Forms:** Please sign and include all required forms (permission, image release, and editing disclosure) along with your letter.
- **For email submissions:** Scan or photograph the forms and attach them as separate files from your letter.
- **For physical submissions:** Please include the signed forms on separate pages, within the same envelope as your letter. Do not attach them directly to the letter itself. Ensure that the forms are clear and legible.

IMPORTANT NOTES

- You may submit under your real name, anonymously, or using a pen name.
- Your letter may be lightly edited for clarity, grammar, or flow (you'll be notified of any significant changes).
- You will **not** receive compensation, but you will be part of a meaningful and beautiful published work.
- Letters and submitted images may also be used in promotional materials with your permission.

A Note About AI:

We welcome the use of tools like AI or grammar checkers for brainstorming, organizing your thoughts, or light editing—but your letter should be your own original creation.

Please don't submit anything written entirely or mostly by AI. The power of this project comes from your unique voice and personal story.

OPTIONAL

- Include an original photo, artwork, or image that connects to your letter (if applicable).
- Share a short 1–2 sentence bio to be featured with your letter if selected.

After You Submit

If your letter is selected, we'll reach out to confirm your participation and send a short note about the editing process. We'll also let you know when the book is expected to launch!

We can't wait to read your story and celebrate the quiet heroes who shaped us!